

Forge Ahead in 2019

What Worked in 2018

Handwriting lines for 'What Worked in 2018'.

What Didn't Work in 2018

Handwriting lines for 'What Didn't Work in 2018'.

(Tip: Think across self, family, spirituality, career/business, romance, money, fun, physical activity, schedule, etc.)

What are you willing to let go of in 2019?

Key Themes of 2018

Intentions (Keep these to Key Themes and what you want!)

1.
2.
3.
4.
5.

